

Dale Abdominal Binder with Exclusive Stretch Material

The Dale Abdominal Binder supports abdominal muscles while encouraging mobility and promoting muscle redevelopment.

The binder is made entirely of Dale's Exclusive Stretch Material, which permits hook and loop closure at any point for more precise, more comfortable fit. Evenly distributed compression promotes coughing and deep breathing. Patients can walk more comfortably, reducing the possibility of sedentary complications such as atelectasis, pneumonia, and phlebitis.

Indications for Use

The Dale Abdominal Binder provides support and comfort following procedures such as:

- Cesarean Section
- Hysterectomy
- Liposuction
- Gastroplasty
- Abdominoplasty
- Childbirth
- Abdominal ostomy / stoma

Key Features

- **Not made with natural rubber latex.** Eliminates concerns about patient or caregiver hypersensitivity to latex.
- **Innovative joining stitch.** Gap-free stitching provides greater patient comfort.
- **Evenly distributed compression.** Dale's Exclusive Stretch Material distributes compression evenly around the body without riding, rolling or constricting.
- **Product life.** Material can be engaged and disengaged a number of times. Some fuzziness may appear but this actually improves holding power.
- **Hook and loop closure.** Binder opens and closes quickly and easily for dressing and wound inspection. Can be attached at any point on the circumference of binder for precise fit.
- **Easy-Grip Strip.** Holds up to four drainage bulbs in place on outside of abdominal binder.
- **Holes can be cut** to accommodate openings created by ostomy surgery, drainage and feeding tubes.

Ordering Information

Dale Abdominal Binders are available from hospital/medical supply dealers, packaged one per box.

To find size, measure female hips, male waist.

525	2 panel	6"(15cm) wide stretches to fit 28-50" (72-127cm)
410	3 panel	9"(23cm) wide stretches to fit 30-45" (76-114cm)
411	3 panel	9"(23cm) wide stretches to fit 46-62" (117-157cm)
418	3 panel	9"(23cm) wide stretches to fit 60-75" (152-191cm)
810	4 panel	12"(30cm) wide stretches to fit 30-45" (76-114cm)
811	4 panel	12"(30cm) wide stretches to fit 46-62" (117-157cm)
818	4 panel	12"(30cm) wide stretches to fit 60-75" (152-191cm)
820	4 panel	12"(30cm) wide stretches to fit 72-94" (183-239cm)
920	5 panel	15"(38cm) wide stretches to fit 72-94" (183-239cm)

Single patient use.

Dale®

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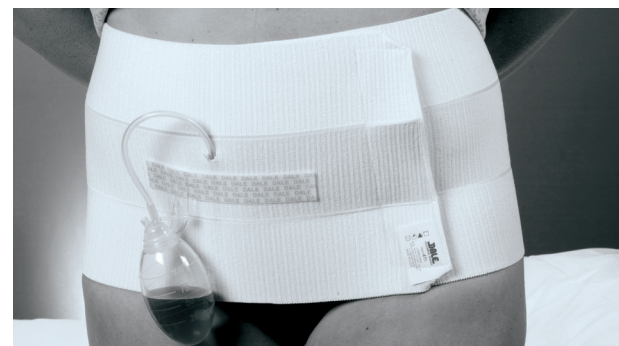


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Patent www.dalemed.com/patents
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With EasyGrip™ Strip



Dale® Abdominal Binder



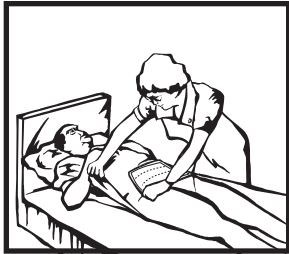
with Exclusive Stretch Material

Applying the Dale Abdominal Binder

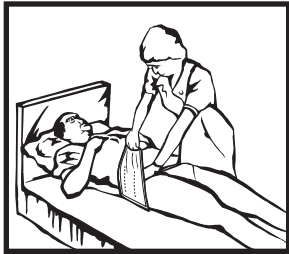
Dale Abdominal Binders are available in a range of sizes. Two binders can be joined to fit a large patient.



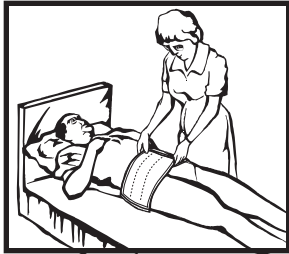
1. Place the binder under the patient with hook material facing up and V point facing down and stretch one end out. Proper stretch provides necessary compression.



2. Stretch the binder over the patient's stomach and hold with one hand. The binder may be placed straight, or at an angle if additional pressure is needed on the upper or lower abdomen.



3. Stretch the other end over at the desired angle.

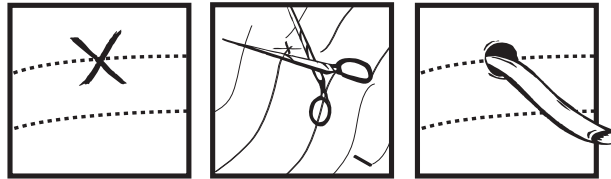


4. Press the hook firmly closed while stretching down to close the material.

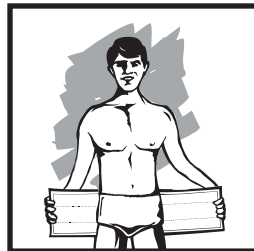
Be sure to stretch the binder adequately. Remember, a secure fit won't restrict breathing; the stretching and compression actually facilitates deep breathing.

Support for Drainage, Feeding Tubes and Ostomy

A hole can be cut in the Dale Abdominal Binder to accommodate tubes such as draining, feeding, and openings created by ostomy surgery. Place the binder on the patient so that there is only a single thickness over the tube site. Mark an X on the fabric where the hole should be made, crease the fabric and make an elliptical cut in the material (see illustration). When the fabric is stretched, the elliptical cut will become a round hole to accommodate the tube. The diameter of the hole will be equal to the length of the cut. See back cover for the EasyGrip Strip Applications.



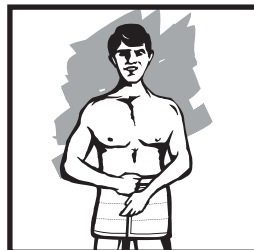
Self Application



1. Position the binder with the top edge just below navel and V point facing down. Stretch the binder out sideways.



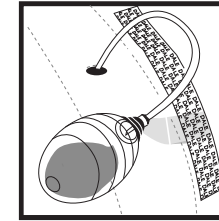
2. Stretch binder as you wrap around.



3. Press closed to secure.

†Applying the EasyGrip Strip

1. Lift EasyGrip Strip off Binder



For drainage bulb use, thread EasyGrip Strip through drainage bulb tab; reattach to binder. The EasyGrip Strip can be cut to allow for more options at securing bulbs.

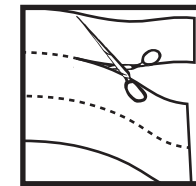
† Always follow best practice standards for drainage devices.

Laundering and Care

- Machine wash*
- Or hand wash
- Do not bleach
- Line dry

Machine or hand wash* with mild detergent. Before washing, make sure that the hook and loop surfaces are securely fastened to prevent lint accumulation, which can interfere with the fibers and weaken their locking properties. Hang to dry.

*(up to 40-60°C/104-140°F)



* If the binder is too wide, panels may be removed by cutting between the panels.