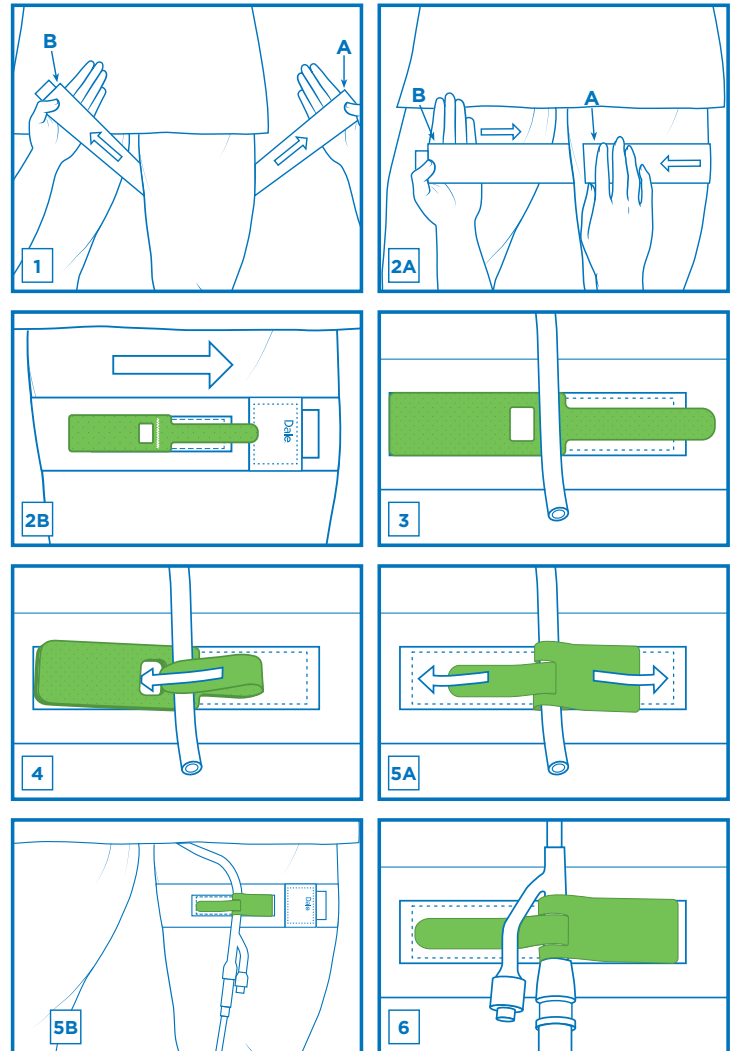


# Dale® Hold-n-Place®

## Leg Band/Waist Band

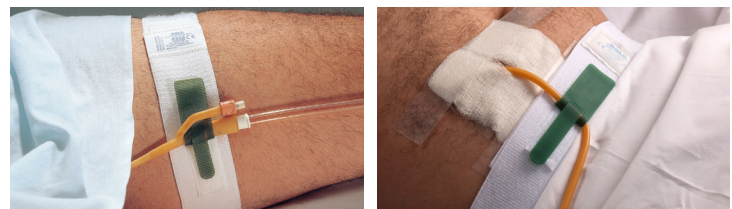
### 316 | Leg Band Application Instructions

1. Place the leg band under and high around the patient's thigh, approximately 2-3 inches below the groin making sure to have the label facing out from the inner leg.
2. Stretch the bands fully in place by pulling equally from each end **(1)**, assuring even compression around the leg to prevent slipping. Place band A around the leg first **(2A)**. Place the second band B overlapping band A **(2B)**. Engage hook tab into band A. Proper compression has been achieved when two fingers fit snugly under the band.
3. Place Foley catheter over white stitching of green tab **(3)**. Leave an ample loop in catheter above leg band to avoid bladder traction; or stretch catheter for traction when required.
4. With catheter in desired position, insert the narrow green tab over catheter and through the square opening so the green tab overlaps **(4)**.
5. Lock catheter in position by pulling green tabs in opposite directions **(5A)**. Secure tabs in place. To reposition catheter: raise either green tab, adjust catheter, and refasten tab. Fasten & secure as shown in **(5B)**.
6. Another method of securement is to place the Y-port of the proximal end of the catheter onto the locking device and secure **(6)**.



### 330 | Waist Band Application Instructions

1. Place the waist band around the patient's torso, above or below the cystostomy site.
2. Stretch the bands fully in place by pulling equally from each end **(1)**, assuring even compression around the waist to prevent slipping. Place band A around the waist first. Place the second band B overlapping band A. Engage hook tab into band A. Proper compression has been achieved when two fingers fit snugly under the band.
3. The green catheter locking tab should be centered near the cystostomy site.
4. Repeat steps 3, 4, & 5 above.



### Additional Benefits

- No shaving required.
- To help prevent meatal irritation, leg band can be rotated in either direction. Alternating legs periodically may also add to greater patient comfort.

#### ORDERING INFORMATION

Product Number	Size	Quantity
316	Leg band, Fits up to 30"	10/Box
330	Leg band/Waist band, Fits up to 56"	10/Box

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